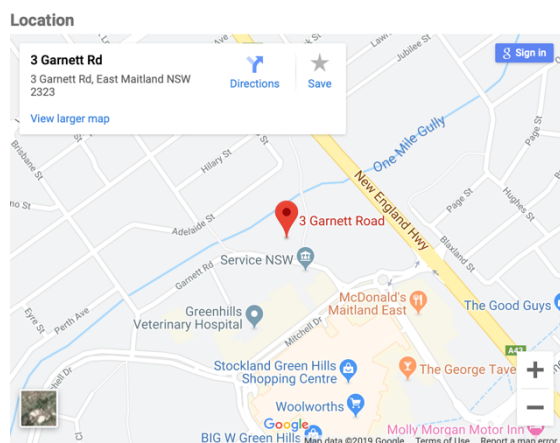




Location

All Nourish Cooking Classes are held at the Readers Café & Larder, 3 Garnett Rd, East Maitland NSW 2323.

See our map below or our Locations page at <https://www.nourishcooking.com.au/location>.



What to bring

Please bring a sharp knife and chopping board and closed in shoes when attending the class.

Arrive 15 minutes prior to start time of the class for light refreshments.

Cancellation policy and payment

Cancellations from 7 days prior to the class are non-refundable and non-transferable to a different date.

Payment is by cash or credit card paid 14 days prior to the start of the class.

When making a booking, please note that payment or a redemption of gift certificate and number is required at the time of bookings.

About our classes

Classes are a combination of hands on and demonstration. No experience is needed.

Your teachers will be chef /cook Amorelle Dempster who has a passion for cooking with seasonal produce and packing it with flavour that will inspire you and dietitian Nicole Barber whose experiences with Real Food and its value to human health and wellbeing provides helpful information at each class.

Individual bookings for each class are welcome. Group bookings can be made and dates that suit that are not on the calendar can be arranged.

We offer in-house corporate classes for a minimum of 6 attendees. These can be arranged mid-week and prices are on application.

Gift certificates are available. Gift certificates have a 12 month expiration period.